



Training and Consultancy in Systems Design and Process Improvement

A 3-day BHW Train-The-Trainer Workshop

One of the key success factors for The Burge Hughes Walsh Partnership (BHW) is that our clients become self -sufficient, enabling them to sustain and enhance the capability introduced to them by BHW. Central to achieving this is the development of the client's own staff to deliver training courses and events that underpin the development of a capability. Our Train-The-Trainer (TTT) programme is a proven, pragmatic development programme to create the trainers and/or facilitators for a specific training course or event.

This document describes the overall programme for developing suitably qualified and experienced trainers and facilitators. In reading this document, some terminology will be useful:

- A CANDIDATE is one of the client's staff who is being developed as a trainer/facilitator.
- A DELEGATE is a client member attending a training course or event.
- BHW refers to experienced trainers/facilitators of the Burge Hughes Walsh Partnership.
- 'TTT' refers to the 'Train-the-Trainer' programme that comprises four development phases.
- A TRIAD or PAIR is a group of three or two candidates, teamed to deliver training or event sessions.

The TTT programme comprises four phases of maturity shown in Figure 1.



PHASE 1: Familiarisation with Training Material

It is necessary for the candidates to become familiar with the training course or event that they are to eventually deliver. This includes course materials (content), exercises, and expected outputs. This is usually accomplished by the candidates attending the course or event as delegates, mindful that they will be asked to deliver sections of the course or event at a later date.

PHASE 2: TTT workshop

The 3-day 'Train the Trainer' workshop develops the candidates' ability to facilitate and present the course or event material. Candidates may not have been selected for their prior experience of facilitating and presenting to large groups and so one of the workshop's objective is to build their confidence for phase 3.

Figure 1: The TTT Programme

PHASE 3: Co-delivery of the Course or Event

Candidates co-deliver the training course or event with an experienced BHW trainer/facilitator. Typically, candidates work in pairs or a triad and conduct peer reviews after delivery to improve their performance. Each candidate's delivery is observed by the BHW trainer who provides structured feedback. It is unusual for a candidate to go "solo" after just a single delivery and therefore the second delivery, repeating the initial delivery sections but including new ones, by the candidate and the BHW trainer/consultant.

PHASE 4 onwards:

Phase 3 can iterate as many times as necessary but eventually the candidates are "signed off" for solo delivery

- the candidates are confident and able to deliver the session independently.

Benefits of the 'Train-the-Trainer' Development Programme

The Candidates' Organization

A set of in-house trainers/facilitators able to deliver specific training courses and events reduced training course or event cost

embedding of the know-how in the organization

The Candidates:

Have confidence to deliver specific training course or event successfully.

Developed knowledge of course or event content. Content of the 3-day Train-The-Trainer Workshop

Day 3 Dav 1 Day 2 Introduction to the TTT Review of learning and outline Review of learning (facilitated • by a candidate and outline of workshop of the day the day Starting a course or event Practice session 3 and Preparation for practice session Developing your opener - 'the feedback first 3 minutes' Do's and Don't's of 6 presentations Practice session 6 with Preparation and practice of Review of learning (facilitated feedback your opening by a candidate) Using Energisers, with Giving and receiving feedback examples some rules and process Preparation for practice session Preparation for practice session Group presentations and 4 Practice session 4 with feedback of 'the first 3 minutes' feedback Practice session 7 with Form rehearsal groups feedback Signposting Process for preparation, practice and feedback Running exercises; process for Closing a session Discussion: preparing for your running exercises Preparation for practice session Facilitating course participants next live session 1* hints and tips 0 who (paired teams!) Practice session 1 with 0 Process for facilitating a Where feedback discussion handling discussion 0 When Learning Styles Developing strategies for • The tutor feedback loop What will you do differently difficult situations (exercise) Lessons learned in the Preparation for practice session Process for presentations workshop 5 Preparation for practice session Individual action plans Practice session 5 with 2 Review and close feedback Practice session 2 with Signposting feedback Review of learning (facilitated Signposting by a candidate) and close Preparation for practice session 3

* Practice session 1 to 7: these are extracted from the course/event material that the candidiates will be required to deliver/ facilitate

Costs

The cost of delivering the TTT programme depends upon the training course or event and the desired followon support.

The 3-day Workshop, excluding delivery trainer accommodation and expenses, but including all courseware, is dependent upon the number of candidates. Up to 6 candidates the delivery cost is £4,500. For 7 to 12 candidates will require two BHW Tutor/Consultants and cost £7,000 VAT will apply at the prevailing rate. **More Information and Contact Details**

For more information about the 3-day Train the Trainer Programme or any of our other Systems Engineering courses please contact Dr Stuart Burge on +44 (0) 7803 131614 or sburge@burgehugheswalsh.co.uk

